

# Eating Disorder Group for Moms

(of adult or adolescent children)

THURSDAYS

11:00am – 12:30pm

\$60.00 per group session

90-day commitment

\*Now forming...

Having a child with an eating disorder affects the entire family. Understanding the unique challenges that mothers face during the recovery process is important in learning to care for yourself and your child. This group is designed to bring mothers together in a supportive environment to learn how to support their child on their path to recovery. This group will allow time to address the many challenges parents face in supporting and caring for their children with eating disorders. \*Free pre-consultation by arrangement required.



- ❖ Support
- ❖ Communication
- ❖ Information
- ❖ Resources
- ❖ Compassion
- ❖ Connection

## ***Terryann Sanders, MS***

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About the facilitator: Terryann Sanders has been in private practice since 2003. She obtained specialized training in eating disorders at JFK University, and she is a member of IAEDP, AED, NEDA and CAMFT. Terryann served on the board of directors of SCV-CAMFT for 5 years and is a past president. She is currently in private practice in San Jose where she provides consultation for peers, and specializes in working with families and individuals with eating disorders.