

## LOCAL EATING DISORDER RESOURCES

**Terryann Sanders, LMFT** – outpatient eating disorder treatment including individual, group and family therapy. Staff works in tandem with other eating disorder professionals including, psychiatrists, registered dietitians, pediatricians and other medical professionals. Level of care assessments are provided on an ongoing basis as part of the treatment protocol. <http://www.terryannsanders.com>

1361 S. Winchester Blvd. Suite 101  
San Jose, CA 95124  
408 410-9370

**Alta Bates Summit, Herrick Campus** – psychiatric program for adolescents and adults, includes inpatient and outpatient programs for bulimia nervosa and anorexia nervosa. <http://www.altabatesummit.org/eatingdisorders/>

2001 Dwight Way  
Berkeley, CA 94704  
510 204-4569 (Outpatient) 510 204-4405

**Cielo House** – Partial Hospitalization and Intensive Outpatient Day Treatment for all ages, males and females. Contact Matt Keck at 650 455.9242 Moss Beach location is a 6-bed Residential Program near Half Moon Bay CA.

[www.cielohouse.com](http://www.cielohouse.com)

334 North 2<sup>nd</sup> Street  
San Jose, CA 95112

333 Cypress Avenue  
Moss Beach, CA 94038

750 El Camino Real  
Burlingame, CA 94010

**Castlewood at Monarch Cove** – Residential, partial hospitalization and intensive outpatient program.

<http://www.monarchcovetreatment.com>

213 17 Mile Drive  
Pacific Grove, CA  
877 938-2813

**Center for Discovery** – Residential treatment center in Menlo Park for adolescents, male & females, 10 – 19 years old. Residential and partial hospitalization treatment center in Fremont for adult women. Dual diagnosis treated. 800

760.3934 [www.centerfordiscovery.com](http://www.centerfordiscovery.com)

1895 Altschul Avenue  
Menlo Park, CA 94025  
866 377.9962

46890 Rancho Higuera Road  
Fremont, CA 94539  
866 377-9962

**Eating Recovery Center** – Intensive outpatient program for adolescents and adults.

<https://www.eatingrecoverycenter.com>

770 Tamalpais, Suite 210  
Corte Madera, CA 94925  
916 790-2196

**Eating Disorder Resource Center** – provide local resource information, events for the prevention and education of eating disorders, and free support groups for individuals, parents, family and friends. <http://edrcsv.org>

15891 Los Gatos Almaden Road  
Los Gatos, CA 95032  
408 356-1212

**The Healthy Teen Project** - Intensive outpatient and partial hospitalization program for adolescents.

[www.healthyteenproject.com](http://www.healthyteenproject.com)

919 Fremont Avenue, Suite 100  
Los Altos, CA 94024  
650 941.2300

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[www.terryannsanders.com](http://www.terryannsanders.com)

**Lotus Collaborative** – Partial hospitalization and intensive outpatient treatment for adult and adolescent women and men. Also provide transitional housing at the Mermaid House in SCruz. [www.thelotuscollaborative.com](http://www.thelotuscollaborative.com)

701 Mission Street  
Santa Cruz, CA 95060  
Phone: 831 600.7103

1610 Union Street  
San Francisco, CA 94123  
415 931-3731

**Lucille Packard Children's Hospital at Stanford** – Inpatient medical stabilization, and outpatient eating disorders clinic. Provides medical and psychiatric evaluation, treatment and follow-up for children and teenagers. Dual diagnosis treated. [www.lpch.org](http://www.lpch.org)

Psychiatry and Behavioral Science Building  
401 Quarry Road  
Palo Alto, CA 94304

Adolescent Medicine  
1174 Castro Street, Suite 250A  
Mountain View, CA 94040  
650 694.0610 or 650 498.4468

**New Dawn Eating Disorders Recovery Center** – Partial Hospitalization and Intensive Outpatient Treatment for adults and adolescents. [www.newdawnrecoverycenters.com](http://www.newdawnrecoverycenters.com)

3 Harbor Dr., Suite 110  
Sausalito, CA 94965  
415 331.1302

**University of California San Francisco** – Outpatient clinic for adolescents and adults up to age 25. Includes psychiatry and adolescent medicine. Accepts Medi-Cal. <http://eatingdisorders.ucsf.edu>

3333 California Street  
Box 0503 LH Suite 245  
San Francisco CA 94143-0503  
415 502-2627

**Marin Vista Health & Wellness Center** – Intensive outpatient program, partial hospitalization and residential for adults and adolescents, transitional housing available. <http://marineatingdisordertreatment.com>

3 Harbor Drive, Suite 110  
Sausalito, CA 94965  
415 331-3252  
Summer Nipomnick, Ph.D, Clinical Director  
snipomnick@marinvista.com

**Woodleaf Eating Disorder Center** – Intensive outpatient program , adults only.

<http://www.woodleafeatingdisordercenter.com>  
45 Franklin Street, Suite 219  
San Francisco, CA 94102  
415 840-0670

**Reasons Eating Disorder Center at Fremont Hospital** – acute stabilization and intensive therapeutic interventions for adolescents ages 12-17 with a primary eating disorder diagnosis and other co-occurring psychiatric conditions.

<https://reasonsedc.com>

39001 Sundale Drive  
Fremont, CA 94538  
844 673-2766  
[alyson.lischer@uhsinc.com](mailto:alyson.lischer@uhsinc.com)

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